



Training in Obstetrics and Gynaecology

# LOG BOOK

Approved by  
**The European Board and College of Obstetrics and Gynaecology**

TO BE COMPLETED AFTER EACH YEAR OF TRAINING AND SENT WITH THE SURGICAL REPORTS ATTACHED WITHIN THREE MONTHS THEREAFTER TO THE ASSESSMENT COMMITTEE (CERTIFICATION BOARD)

Surname (in capitals), first name of trainee: .....

.....  
.....

Dates of beginning and end of year of training :

...../...../..... (day/mo/yr) - ...../...../..... (day/mo/yr).

Name and address of department:

Year 1:

.....

Year 2:

.....

Year 3:

.....

Year 4:

.....

Year 5:

.....

## Content of the training programme

Duration of training: A minimum of five years' full time in an approved training programme.

♦ Part time training is possible pro rata temporis.

**GYNAECOLOGY DURING AT LEAST 1 1/2 YEARS**

of which at least 6 months during the last 3 years of training.

**OBSTETRICS DURING AT LEAST 1 1/2 YEARS**

of which at least 6 months during the last 3 years of training.

It is recommended that experience also be gained in **OTHER FIELDS OF THE SPECIALTY**, such as

reproductive medicine, breast diseases, gynaecological oncology, prenatal medicine, urogynaecology, gynaecological and obstetric ultrasound.

**NOT MORE THAN 1 YEAR OF THE TRAINING SHOULD BE SPENT IN RELEVANT RESEARCH OR IN ANOTHER SPECIALTY.**

Specialties that are eligible in this regard are:

abdominal surgery, endocrinology, urology, neonatology, medical genetics, emergency medicine; human genetics; radiotherapy; medical oncology, pathology, basic medical science

If the trainee spends more than one year outside clinical Obstetrics and Gynaecology the training period should be extended Pro rata temporis.

It is recommended that, if possible, part of the training should be spent in a recognised hospital in another European country.

---

#### TYPE AND MINIMUM NUMBER OF TECHNICAL ACTS:

Training should be directed towards achieving competence.

During training, it is essential to participate in a full range of clinical activities involving outpatient and inpatient management as well as emergency care. The amount of experience required as principal clinician in individual areas of training indicated by the numbers of procedures recommended should not be regarded as mandatory but simply as guidelines. In addition, when training in certain of these techniques is not possible in an individual training centre, it is acceptable to substitute some for others or to arrange a component of training in another recognised centre.

#### Obstetrics

- ° Antenatal ultrasound examination: 200.
- ° Normal labour and delivery: 100
- ° Assisted vaginal delivery (forceps, vacuum extractor, breech): 40
- ° Caesarean section: 40

#### Diagnostic procedures

- ° Colposcopy: 50
- ° Hysteroscopy: 25
- ° Gynaecological ultrasound examination: 100

#### Gynaecological surgery

- Diagnostic laparoscopy or sterilisation: 40
- Minor laparoscopic surgery (ectopic pregnancy, ovarian cyst): 20
- Hysterectomy: 40 (abdominal 25; vaginal: 15)
- Prolapse surgery: 10
- Breast surgery, including cancer<sup>1</sup>: 20

#### Scientific communications.

It is recommended that by the end of training, each trainee will have presented at least one communication or poster at a scientific meeting and published at least one peer-reviewed scientific paper.

**Comentario [C1]:** : Only in those countries where this is part of gynaecological practice .

---

<sup>1</sup> Only in those countries where this is part of gynaecological practice.

# Targets for the First Year of Training

Description by trainer and tutor of what is expected in terms of knowledge, technical skills  
and fulfilment of tasks AT THE END of this year of training.

To be completed at the beginning of the year of training.

Year: 20..... TO 20.....

**KNOWLEDGE:**

.....  
.....  
.....  
.....  
.....

**TECHNICAL SKILLS:**

.....  
.....  
.....  
.....

**TASKS:** .....

.....  
.....  
.....  
.....  
.....

**DATE:**

**NAME OF THE TUTOR:**

**SIGNATURES:**

**TUTOR :-----TRAINEE : -----**

# Targets for the Second Year of Training

Description by trainer and tutor of what is expected in terms of knowledge, technical skills and fulfilment of tasks AT THE END of this year of training

To be completed at the beginning of the year of training.

Year: 20..... TO 20.....

## KNOWLEDGE:

.....  
.....  
.....  
.....  
.....

## TECHNICAL SKILLS:

.....  
.....  
.....  
.....

## TASKS: .....

.....  
.....  
.....  
.....  
.....

DATE:

NAME OF THE TUTOR:

SIGNATURES:

TUTOR :-----TRAINEE : -----

# Targets for the Third Year of Training

Description by trainer and tutor of what is expected in terms of knowledge, technical skills  
and fulfilment of tasks AT THE END of this year of training

To be completed at the beginning of the year of training.

Year: 20..... TO 20.....

**KNOWLEDGE:**

.....  
.....  
.....  
.....  
.....

**TECHNICAL SKILLS:**

.....  
.....  
.....  
.....

**TASKS:** .....

.....  
.....  
.....  
.....  
.....

**DATE:**

**NAME OF THE TUTOR:**

**SIGNATURES:**

**TUTOR :-----TRAINEE : -----**

# Targets for the Fourth Year of Training

Description by trainer and tutor of what is expected in terms of knowledge, technical skills  
and fulfilment of tasks AT THE END of this year of training

To be completed at the beginning of the year of training.

Year: 20..... TO 20.....

**KNOWLEDGE:**

.....  
.....  
.....  
.....  
.....

**TECHNICAL SKILLS:**

.....  
.....  
.....  
.....

**TASKS:** .....

.....  
.....  
.....  
.....  
.....

**DATE:**

**NAME OF THE TUTOR:**

**SIGNATURES:**

**TUTOR:-----TRAINEE: -----**

# Targets for the Fourth Year of Training

Description by trainer and tutor of what is expected in terms of knowledge, technical skills  
and fulfilment of tasks AT THE END of this year of training

To be completed at the beginning of the year of training.

Year: 20..... TO 20.....

**KNOWLEDGE:**

.....

.....

.....

.....

.....

**TECHNICAL SKILLS:**

.....

.....

.....

.....

**TASKS:** .....

.....

.....

.....

.....

.....

**DATE:**

**NAME OF THE TUTOR:**

**SIGNATURES:**

**TUTOR:**-----**TRAINEE:** -----

# Targets for the Fifth Year of Training

Description by trainer and tutor of what is expected in terms of knowledge, technical skills  
and fulfilment of tasks AT THE END of this year of training

To be completed at the beginning of the year of training.

Year: 20..... TO 20.....

**KNOWLEDGE:**

.....  
.....  
.....  
.....  
.....

**TECHNICAL SKILLS:**

.....  
.....  
.....  
.....

**TASKS:** .....

.....  
.....  
.....  
.....  
.....

**DATE:**                      **NAME OF THE TUTOR:**

**SIGNATURES:**            **TUTOR:-----** **TRAINEE: -----**

**EVALUATION OF CLINICAL AND TECHNICAL SKILLS**

Every target defined in the EBCOG recommendations on training and assessment has an expected competence level that you must achieve.

The level of competence ranges from observation (Level 1) to teaching (Level 5)

**Certain targets do not require higher levels of competence. These are identified by a shaded box.**

**The open targets require your tutor or trainer to check your competence and sign you off.**

**When you feel ready for this, it is your responsibility to organise with your trainer for these targets to be observed. When an entire module is completed (excluding black boxes) request the educational supervisor to sign the completed module .**

- SCORING SYSTEM:
- 1: Passive attendance, assistance
  - 2: Needs close supervision
  - 3: Able to carry out procedure under some supervision
  - 4: Able to carry out procedure without supervision
  - 5: Able to supervise and teach the procedure

The general aim is to get at least mark 4.

**On call duties**

**FREQUENCY OF ON CALL DUTIES:**

Year	1	2	3	4	5
Frequency					

**BRIEF DESCRIPTION OF ACTIVITIES WHEN ON CALL:** .....

.....

.....

.....

.....

## PATIENT ASSESSMENT

Target	Expected competence level Trainee ticks when achieved					Trainer signs when competence level achieved	
	1	2	3	4	5	Sign	Date
• Clinical diagnostic skills							
• Interpretation of laboratory tests and other examinations							
• Prescribing drugs							
• Choice of proper surgical approach							

**Signature to confirm completion of the module:**

**Name of the trainer:**

**Date:**

**Hospital**

## SURGICAL PROCEDURES

Target	Expected competence level Trainee ticks when achieved					Trainer signs when competence level achieved	
	1	2	3	4	5	Sign	Date
Diagnostic laparoscopy and sterilisation							
Minor laparoscopic surgery (Ectopic pregnancy, Ovarian cyst )							
Diagnostic hysteroscopy and target biopsy							
Colposcopy with biopsy							
Simple hysteroscopic procedure (eg polypectomy )							
Endometrial ablation or resection							
Conisation of the cervix or similar treatment							
Transvaginal ovarian puncture							
Curettag							
Laparotomy (including capability of performing, salpingectomy, oophorectomy, ovarian cystectomy and adhesiolysis)							
Abdominal hysterectomy							
Myomectomy							
Vaginal hysterectomy							
Vaginal repair							
Suspension Procedure							
Bartholin cyst							
Vasectomy <sup>2</sup>							
Tumorectomy, quadrantectomy, mastectomy of the breast + Axillary lymphadenectomy <sup>3</sup>							
Radical hysterectomy							
Repair of abdominal incision hernia							

**Signature to confirm completion of the module:**

**Name of the trainer:**

**Date:**

**Hospital**

<sup>2</sup> Only in those countries where this is part of gynaecological practice .

<sup>3</sup> Only in those countries where this is a part of gynaecological practice

## Obstetric procedures approved by protocols

Target	Expected competence level Trainee ticks when achieved					Trainer signs when competence level achieved	
	1	2	3	4	5	Sign	Date
Spontaneous delivery, including episiotomy and its repair							
Vacuum extraction							
Forceps delivery							
Vaginal breech delivery							
Immediate resuscitation of neonate							
Caesarean section							
Repair of 3 <sup>rd</sup> and 4 <sup>th</sup> degree perineal tears and cervical laceration							
Manage appropriately retained placenta							
Manage post partum haemorrhage							
Management of shoulder dystocia							
Vaginal delivery in multiple pregnancy							
External cephalic version							
Assessment of the foetus by cardiotocograph (CTG)							
Foetal scalp blood sampling							
Cervical Cerclage							
Amniocentesis							
Chorionic villus sampling /Placental biopsy							
Cordocentesis							
Perform first trimester termination of pregnancy <sup>4</sup>							
Second trimester termination of pregnancy <sup>5</sup>							

**Signature to confirm completion of the module:**

**Name of the trainer:**

**Date:**

**Hospital:**

<sup>4</sup> Optional for ethical reasons

<sup>5</sup> Optional for ethical reasons



## Ultrasound in Obstetrics and Gynaecology

Target	Expected competence level Trainee ticks when achieved					Trainer signs when competence level achieved	
Perform ultrasound scan to assess:	1	2	3	4	5	Sign	Date
<b>Obstetrics</b>							
• Early pregnancy for viability							
• Pregnancy age determination							
• Foetal morphology							
• Foetal growth							
• Foetal presentation							
• Placental site							
• Liquor volume							
• Doppler flow measurement							
<b>Gynaecology</b>							
Normal and abnormal pelvic anatomy :							

**Signature to confirm completion of the module:**

Name of the trainer:  
Hospital

Date:

**NUMBER OF PROCEDURES AND TECHNICAL ACTS PERFORMED DURING TRAINING**

<b>PROCEDURES</b>	<b>YEAR 1</b>	<b>YEAR 2</b>	<b>YEAR 3</b>	<b>YEAR 4</b>	<b>YEAR 5</b>	<b>TOTAL</b>
<b>Gynaecological ultrasound (transabdominal and transvaginal routes)</b>						
<b>Obstetric ultrasound (1st and 3rd trimesters: biometry)</b>						
<b>Ultrasonographic assessment of foetal morphology (2nd trimester)</b>						
<b>Colposcopy</b>						
<b>Diagnostic hysteroscopy</b>						
<b>Curettage</b>						
<b>Conisation of cervix or similar treatment</b>						
<b>Diagnostic laparoscopy and laparoscopic tubal sterilisation</b>						
<b>Minor laparoscopic surgery (ovarian cysts, ectopic pregnancy)</b>						
<b>Abdominal hysterectomy</b>						
<b>Vaginal hysterectomy, including plastic repair of vagina</b>						
<b>Radical hysterectomy with pelvic lymphadenectomy</b>						
<b>Surgical procedures for urinary incontinence</b>						
<b>Tumorectomy, quadrantectomy of breast</b>						
<b>Mastectomy + axillary lymphadenectomy</b>						
<b>Vasectomy</b>						
<b>Spontaneous delivery, including episiotomy and its repair</b>						
<b>Vacuum extraction</b>						

Forceps delivery, without rotation						
Vaginal breech delivery						
Caesarean section						
Other procedures						

Date

Name and signature of trainee

...../...../..... (day/mo/yr)

.....

## ASSESSMENT OF KNOWLEDGE, ATTITUDES AND FULFILMENT OF TASKS

Scoring system:      A = Excellent  
                                   B = Sufficient  
                                   C = Weak  
                                   D = Unacceptable  
                                   E = Not applicable

Assessment has to account for the targets defined on page 3

<b>Year</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>INTEGRATED KNOWLEDGE</b>					
<b>REACHING OF APPROPRIATE DECISIONS; COLLECTION AND INTERPRETATION OF DATA</b>					
<b>MOTIVATION, SENSE OF DUTY DISCIPLINE, PUNCTUALITY</b>					
<b>TECHNICAL SKILLS</b>					
<b>ORGANISATIONAL SKILLS</b>					
<b>ADMINISTRATIVE TASKS (MEDICAL FILES, CORRESPONDENCE, ETC.)</b>					
<b>ETHICS</b>					
<b>RELATIONS WITH PATIENTS</b>					
<b>RELATIONS WITH MEDICAL AND OTHER STAFF</b>					
<b>ATTENDANCE AND ACTIVE PARTICIPATION IN STAFF MEETINGS</b>					
<b>SCIENTIFIC INTEREST</b>					
<b>SCIENTIFIC ACTIVITY</b>					

Signature of Trainee

Signature of Trainer

Date:

.....

.....

...../...../.....  
(day/mo/yr)

**CUMULATIVE LIST OF SCIENTIFIC MEETINGS  
AND COURSES ATTENDED BY THE TRAINEE**  
**(for entire duration of training; to be updated annually)**

**e.g.:**

1. **Joint Meeting of the South-East Gynaecological Society and the Flemish Society of Obstetrics and Gynaecology, Bruges, Belgium, 10.10.1996. Theme: "Endometriosis".**
2. **Meeting of the European Menopause Society, Liège, Belgium, 16-17.04.1997. Theme: "Menopause and the cardio-vascular system".**
3. **Advanced Course in Gynaecological Endocrinology, University of Nijmegen, the Netherlands, 14 – 16.10.1997.**

## CUMULATIVE LIST OF PAPERS PRESENTED AT SCIENTIFIC MEETINGS

**(for entire duration of training; to be updated annually)  
(A MINIMUM OF 1 AS 1ST AUTHOR IS REQUIRED)**

**e.g.:**

1. **R. LEGAS** and L. DUPONT: "Phospholipids in the amniotic fluid." Free communication. National Congress of the Belgian Society of Obstetrics, Brussels, Belgium, 04-05.02.1996.
2. **R. LEGAS**: "Severe auto-immune dermatologic complications during pregnancy." Poster. Symposium "Pregnancy and the immune system", Besançon, France, 17-18.06.1997.

**CUMULATIVE LIST OF SCIENTIFIC  
PUBLICATIONS**

**(for entire duration of training; to be updated annually)  
(AT LEAST 1 AS 1ST AUTHOR IS REQUIRED)**

**e.g.:**

1. L. DUPONT and R. LEGAS: Lipid profile of the amniotic fluid. Acta Clinica Belgica 1996, 50: 327 - 335.
2. R. LEGAS, A.C. VERNY, I. VENDON and P. CASSY: Isolation of a fraction of phosphatidyl-glycerol active in foetal pulmonary maturation. European Journal of Obstetrics and Gynecology and Reproductive Biology 1997, 31: 627 - 629.

## **Surgical Reports**

Each trainee will keep copies of all the surgical and ultrasound reports as assistant or surgeon, performed during the training period in a separate book, to be produced if necessary.